

BACKPACK CAMPING EQUIPMENT CHECKLIST

SAFETY/EMERGENCY GEAR

- Whistle
- Map & Compass*
- First-Aid Kit*
- Canteen/Water Bottle*
- Pocket Knife*
- Waterproof Matches*
- Rain Gear or Poncho*
- Sunglasses*
- Hat
- Sunscreen/Block-out
- Insect Repellant

CLOTHING

Standard Clothing Needs:

- Long Pants
- Short Pants
- Hiking Boots
- Underwear
- Wool Socks
- Short Sleeve Shirts
- Long Sleeve Shirts

Cold Weather:

- Thermal Underwear
- Wool Cap
- Jacket or Coat
- Gloves
- Extra Clothing (For Layers)

PERSONAL HYGIENE

- Biodegradable Soap
- Washcloth & Hand Towel
- Toothbrush & Toothpaste
- Toilet Paper & Small Spade
- Comb

FOOD

- Meals Planned as a Group
- Snack - Trail Mix*: Granola Bars, Dried Fruit, Nuts

CAMPING GEAR

- Tent, Ground Cloth & Stakes
- Sleeping Bag (20 deg) & Pad
- Backpack
- Day Pack or Fanny Pack (Optional)
- Flashlight & Spare Batteries*
- Water Filter (Group)
- Rope (50'-100' Thin Nylon)

COOKING GEAR

- Backpack Stove & fuel
- Cooking Pots & Pans
- Cooking Utensils
- Scrubbing pad & sponge
- Paper Towels
- Aluminum Foil

TRIP PLANNING

- BSA Tour Permit
- Weather/Road Report
- Trek Plan (Route/Time/Miles/Elevation)
- Itinerary
- Phone Numbers

MISCELLANEOUS (Optional)

- Playing Cards
- Walking Stick

* Denotes A Ten Essential Item

* Use of zip lock bags is highly encouraged, to ensure everything remains dry.

*The important factors for amount of clothing and equipment are the length of the trip and what type of climate you are hiking. Packed backpack weight should not exceed 30% of the Scouts bodyweight.

*Pick both comfortable and durable hiking attire. Shorts may be worn but suggest long pants. NO cotton sweat shirts or sweat pants.

*Your sleeping bag must be placed into a stuff sack on longer trips. No trash bags or bungee cords may be used to hold it together. This will not only make things easier but ensure your sleeping bag makes all the way to camp.